Basic First Aid Terms

Avocabo Wordlist 35

ABRASION, ANAPHYLAXIS, ARTERY, CONTUSION, CREPITUS, CYANOSIS, DERMIS, DISLOCATION, EPIDERMIS, FIBRILLATION, FRACTURE, HYPERGLYCEMIA, HYPOGLYCEMIA, LIGAMENT, METACARPALS, METATARSALS, SPRAIN, STRAIN, TENDON, TRIAGE, VEIN

Exercise 35-1 Matching
Write in the space provided the correct list word defined (21 marks)

1. The inner layer of skin containing hair germinating cells, sweat glands, nerves, and blood vessels.
2. The outer, protective, nonvascular layer of the skin of vertebrates.
3. Uncoordinated contractions of the heart muscle, so that the output of blood is almost nonexistent.
4. A hypersensitivity to a substance usually resulting in an allergic reaction which may prove fatal.
5. Bones of the arch of the foot; between the ankle and the toes.
6. Bones of the palm of the hand.
7. A system used to place priorities for first aid and/or transport when there are more patients, casualties, than first aiders.
8. A bluish or gray colour of the skin and mucous membranes as a result of insufficient oxygen in the blood.
9. A tough, fibrous tissue which connects bones at a joint or supporting an organ.
10. A band of tough, inelastic fibrous tissue that attaches muscles to bones or other tissues.
11. An injury which does not result in the skin breaking.
12. A scraped or scratched wound on the skin or a mucous membrane as the result of an injury or irritation.
13. A membranous tube that is part of a branching system and carries blood to the heart.
14. A muscular, elastic tube, it is part of a branching system, that carries blood to the cells, organs, and tissues in the body.
15. The grating noise made when fractured bone ends rub together or the crackling sound heard in the chest of somebody with a lung disease.
16. The level of glucose in the blood is too low.
17. The level of glucose in the blood is too high.
18. A broken, cracked, or ruptured bone.
19. The bone surfaces at a joint are out of proper contact.

20. A muscle that is stretched or torn as a result of an injury.

21. The supporting tissues around a joint are stretched or partly to completely torn.

**Exercise 35-2 Multiple Choice**
Circle or highlight the word closest in meaning to the list word. (21 marks)

1. Abrasion
   a. closed-wound  b. open-wound  c. scrape

2. Anaphylaxis
   a. allergic reaction  b. fatal exposure  c. reaction

3. Artery
   a. blood  b. branch  c. tube

4. Contusion
   a. closed-wound  b. injury  c. pain

5. Crepitus
   a. grinding  b. rasping  c. both A and B

6. Cyanosis
   a. blackish  b. bluish  c. discolouration

7. Dermis
   a. layer  b. skin  c. tissue

8. Dislocation
   a. displacement  b. movement  c. out of contact

9. Epidermis
   a. covering  b. integument  c. skin

10. Fibrillation
    a. chaos  b. contraction  c. movement

11. Fracture
    a. break  b. destroy  c. puncture

12. Hyperglycemia--the glucose is too:
    a. sticky  b. high  c. low

13. Hypoglycemia--the glucose is too:
    a. tasty  b. high  c. low

14. Ligament
    a. band  b. support  c. tissue

15. Metacarpals are bones in the:
    a. foot  b. inner ear  c. palm

16. Metatarsals are bones in the:
    a. foot  b. metatarsus  c. palm

17. Sprain
    a. injury  b. stretch  c. wrench

18. Strain
    a. injury  b. pain  c. tear

19. Tendon
    a. band  b. fibre  c. joint

20. Triage
    a. prioritize  b. sort  c. treat

21. Vein
    a. branch  b. membrane  c. vessel

**Exercise 35-3 Parts of Speech**
Write the correct variant of the list word in the form specified. (5 marks)

1. abrasion (adjective)

2. anaphylaxis (adverb)

3. cyanosis (adjective)

4. hyperglycemia (adjective)

5. metacarpals (adverb)
**Exercise 35-4 Etymologies**
Write the correct word beside its etymology. (5 marks)

1. ______________ From the Latin word “crepare”
2. ______________ From the Latin word “stringere”
3. ______________ From a Greek word meaning windpipe
4. ______________ From the Latin word “abradere”
5. ______________ From the Old French word “trier”

**Exercise 35-5 Making Connections**
In a few sentences describe the relationship between each pair of words. (4 x 2 marks = 10 marks)

1. right atrium vein

   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________

2. defibrillation fibrillation

   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________

3. epidermis first degree burn

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   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________

4. fracture green stick

   ______________________________________________________________________________
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   ______________________________________________________________________________
   ______________________________________________________________________________

5. artery heart attack

   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________

**Exercise 35-6 Understanding ‘triage’**
Use triage in an original sentence that clearly explains its meaning. (1 mark)

   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________

**Exercise 35-7 Research**
Research four of the six additional first aid terms provided in the supplementary word list. To demonstrate your understanding of the word write an original sentence that acts to show its meaning. (4 marks)

SUPPLEMENTARY WORDLIST: BRONCHI, CANALICULI, EMETIC, ENARTHROSIS, JEJUNUM, XIPHOID PROCESS

1. ______________________________________________________________________________
   ______________________________________________________________________________
   ______________________________________________________________________________
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2. ______________________________________________________________________________
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3. ______________________________________________________________________________
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4. ______________________________________________________________________________
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5. ______________________________________________________________________________
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This Unit courtesy of verbivore Michelle Taylor, submitted January ’04